

Team Guidelines

Age	Game Length	Goal Size	Field Size	# of Players	Roster Size	Ball Size
U9 & U10	2-25 Minute Halves	7 x 21	L – 80 Max 70 Min W – 50 Max 40 Min	7 + K	16	#4
U11	2–30 Minute Halves	7 x 21	L – 80 Max 70 Min W – 50 Max 40 Min	8 + K	18	#4
U12	2-30 Minute Halves	8 x 24	L – 105 Max 100 Min W – 55 Max 40 Min	10 + K	18	#4
U13	2-35 Minute Halves	8 x 24	L – 110 Max 100 Min W – 60 Max 50 Min	10 + K	18	#5
U14	2-35 Minute Halves	8 x 24	L – 110 Max 100 Min W – 60 Max 50 Min	10 + K	22*	#5
U15 & U16	2-40 Minute Halves	8 x 24	L - 120 Max 110 Min W – 80 Max 65 Min	10 + K	22*	#5
U17 – U19	2-45 Minute Halves	8 x 24	L - 120 Max 110 Min W – 80 Max 65 Min	10 + K	22*	#5

*While Rosters can go to 22 players you can only dress 18 for any given game.